

About This Report

Place matters when it comes to health. Where someone is born and where they live can be the most significant factors in determining their overall level of well-being. This can be due to demographic and economic conditions in an area, access to medical services, access to resources like healthy food and affordable housing, and the local environment.

The PolicyMap Community Health Report can be used for Community Health Needs Assessments, to evaluate what changes might improve people's health, and to find areas that have been successful or face challenges in improving health outcomes.

Data presented in this report summarize the geographies specified in the citation information in each section.

Population in Mercer

Who lives in this area? How many residents are there? Is the population growing or shrinking? What age groups, races, and ethnicities live here that might be of special concern?

Estimated Population 2012-2016

Total Population

371,101

▲ Since 2000

Families **88,385**
Households **130,129**
Average Household Size **2.71**

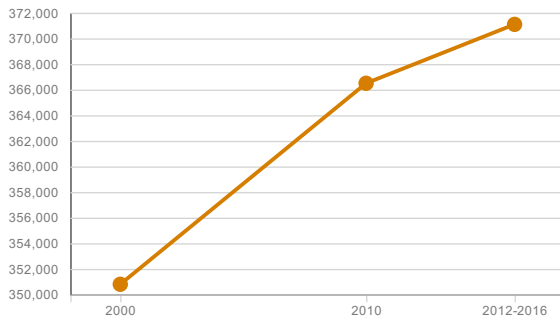
Source: [Census](#)

Data Contains: 1 County

Population Change 2000 to 2012-2016

The population has grown by 5.8% from 2000 to 2012-2016.

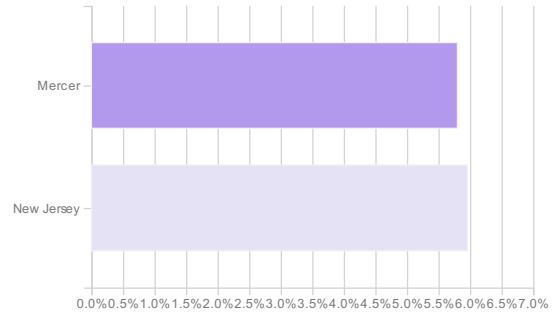
Population Change over Time



Source: [Census](#)

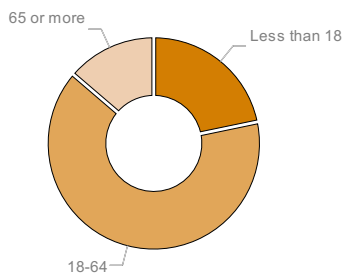
Data Contains: 1 County

Percent Change in Population 2000 to 2012-2016



Age 2012-2016

Population by Age



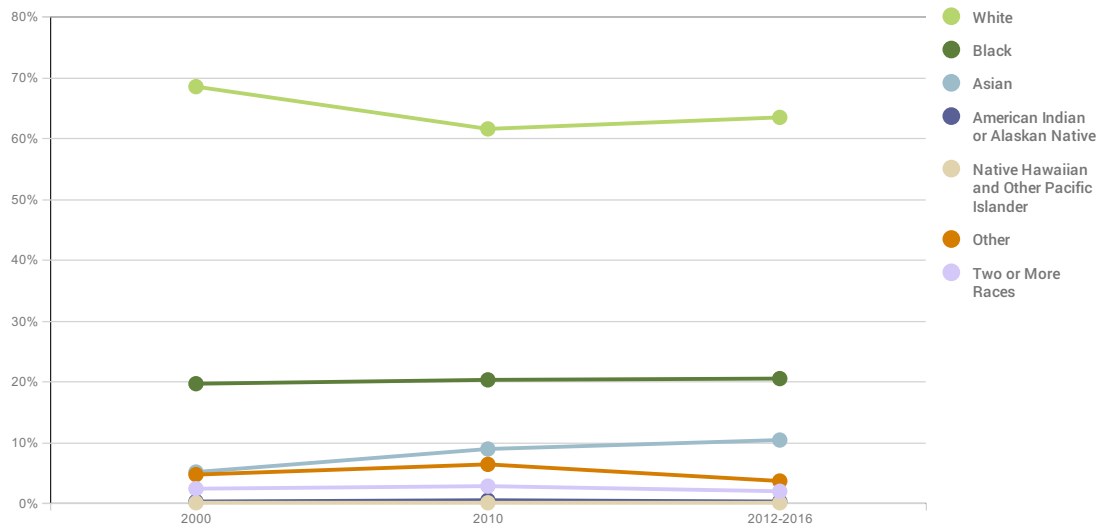
Source: [Census](#)

Data Contains: 1 County

Race and Ethnicity

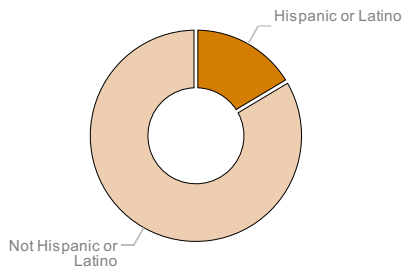


Racial Composition over Time



Percent of Population That Is Hispanic or Latino 2012-2016

The Hispanic or Latino population has increased by 78.62% from 2000 to 2012-2016.



Source: [Census](#)
Data Contains: 1 County

Healthcare Access in Mercer

Does this area have sufficient doctors, dentists, and facilities for its population? Do its residents have health insurance to cover routine visits and treatment? And are people receiving adequate preventative care, like screenings and prevention?

Healthcare and Wellbeing



Source: [Health Resources and Services Administration \(HRSA\)](#)
Data Contains: 1 County

Dentists
Per 1,000 People 2015

COUNTY
0.8

Primary Care Physicians
Per 1,000 People 2015

COUNTY
1.07

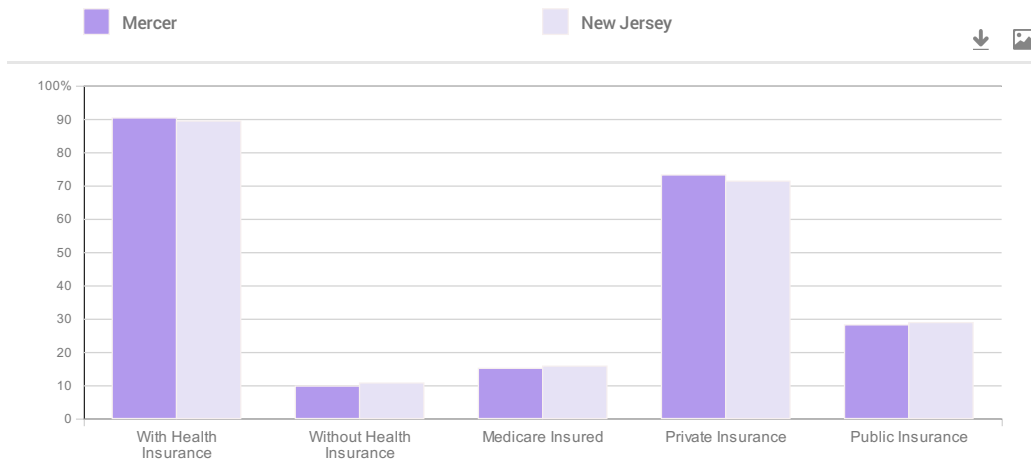


Healthcare- and Wellbeing-Related Facilities

Hospitals 2017	6	Source: HRSA
Mental Health Facilities 2016	17	Source: SAMHSA
Drug and Alcohol Treatment Facilities 2016	16	Source: SAMHSA
Nursing Facilities 2017	16	Source: HRSA
Community Health Centers (FQHC) and Look-alikes ¹ 2017	9	Source: HRSA

Access to Health Insurance As a Percent of Population 2012-2016

The estimated percent of people with health insurance in Mercer is 90.27%.



Source: [Census](#)
Data Contains: 1 County

Medically Underserved Areas 2018

Medically Underserved Areas (MUA) are designated as having too few primary care providers, high infant mortality, high poverty, and/or a high elderly population by the Health Resources and Services Administration. Medically Underserved Populations (MUP) are areas where a specific population group is underserved, including groups with economic, cultural, or linguistic barriers to primary medical care. If an area or population group does not meet the criteria for an MUA or MUP, but exceptional conditions exist which are barriers to health services, they can be designated with a recommendation from the state's governor.



Medically Underserved Areas and Medically Underserved Populations

15 Census Tracts

- Medically Underserved Area
- Medically Underserved Area - Governor's Exception
- Medically Underserved Population
- Medically Underserved Population - Governor's Exception

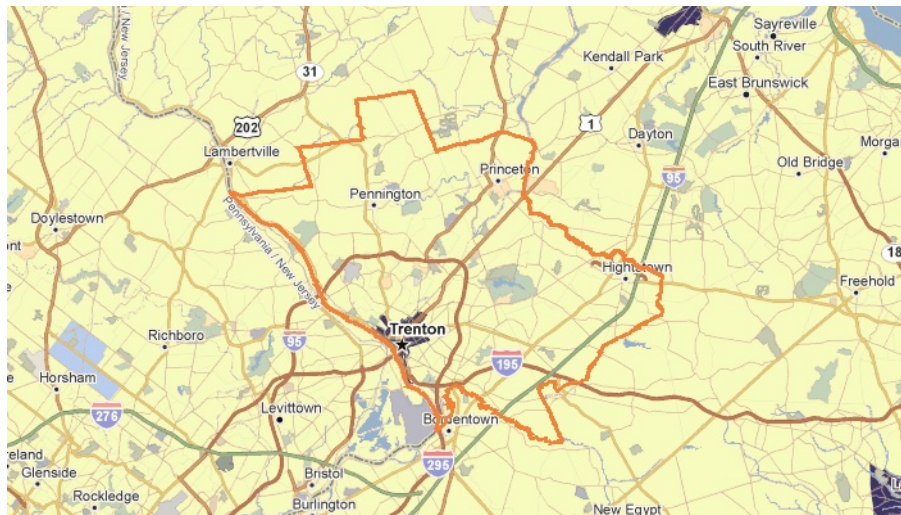
Not an MUA/MUP

62 Census Tracts

- Not an MUA/MUP

Total

77 Census Tracts



Source: [HRSA](#)
Data Contains: 1 County

Disease Screening and Prevention 2013



Flu Vaccination	Percent of adults reporting having been vaccinated for the flu in the past year	2013	39.55%
HIV Test	Percent of adults reporting having ever been tested for HIV	2013	36.3%

Source: [CDC BRFSS & PolicyMap²](#)

Data Contains: 1 County



Cholesterol Screening	Percent of adults reporting a cholesterol screening within the last 5 years	2013	N/A
Mammogram	Percent of female adults aged 50 to 74 years reporting a mammogram within the last two years	2013	N/A
Pap Smear	Percent of female adults age 21 to 65 reporting a pap smear in the last two years	2013	N/A

Source: [CDC 500 Cities³](#)

Data Contains: 1 County

Health Behaviors in Mercer

What risky and healthy behavior do people here engage in? Do they smoke or drink heavily? Do they eat healthily? Do they get exercise?

Smoking and Heavy Drinking As Reported by Adults 2013



Adults Reporting...	Mercer	New Jersey
Having Ever Smoked	42.05%	41.52%
Engaging in Heavy Drinking ⁴	4.29%	4.98%

Vegetable and Fruit Consumption Per day, as Reported by Adults 2013



Adults Reporting...	Mercer	New Jersey
Fewer Than One Serving	7.11%	7.26%
Five or More Servings	17.08%	16.63%

Obesity and Physical Inactivity As Reported by Adults 2013



Adults Reporting...	Mercer	New Jersey
Obese BMI of 30 or Greater	27.99%	26.32%
Overweight BMI > 24.9 and < 30	38.02%	37.12%
Physically Inactive in the Past 30 Days	31.01%	30.42%

All data in this section:

Small area estimates are based on regional survey results and local demographics.

Source: [CDC BRFSS & PolicyMap](#), [CDC BRFSS](#)

Data Contains: 1 County

General Health in Mercer

How are people's overall physical and mental health? How many people are disabled?

Physical and Mental Health In the Past 30 Days, as reported by Adults 2013

Respondents were asked to report the number of days out of the past 30 days where their physical health was not good due to illness and/or injury, and the number of days where their mental health was not good due to stress, depression, and problems with emotions.



Adults Reporting Seven or More Days of...	Mercer	New Jersey
Poor Physical Health	20.13%	20.54%
Poor Mental Health	17.71%	20.17%

Source: [CDC BRFSS & PolicyMap](#)

Data Contains: 1 County

People with Disabilities 2012-2016



Percent of Pop. with a Disability

10.02%

Lower than New Jersey Average

Source: [Census](#)

Data Contains: 1 County

Morbidity in Mercer

How many people suffer from chronic conditions like high blood pressure and high cholesterol? How prevalent is cancer? How prevalent is HIV and other sexually transmitted diseases?

Chronic Conditions As Reported by Adults 2013



Adults Reporting...	Mercer	New Jersey	United States
High Blood Pressure (Hypertension)	35.48%	31.06%	32.04%
High Cholesterol	39.5%	39.19%	38.11%
Stroke	2.74%	2.52%	2.9%
Asthma	8.64%	9.02%	8.86%
Chronic Obstructive Pulmonary Disease (COPD), Emphysema, or Chronic Bronchitis	6.26%	5.92%	6.4%
Depression	13.78%	13.86%	17.52%
Diabetes	11.34%	9.19%	10.1%

Source: [CDC BRFSS & PolicyMap](#)

Data Contains: 1 County

Cancer 2010-2014



Overall Cancer Incidence Per 100,000 People

MERCER
495.9

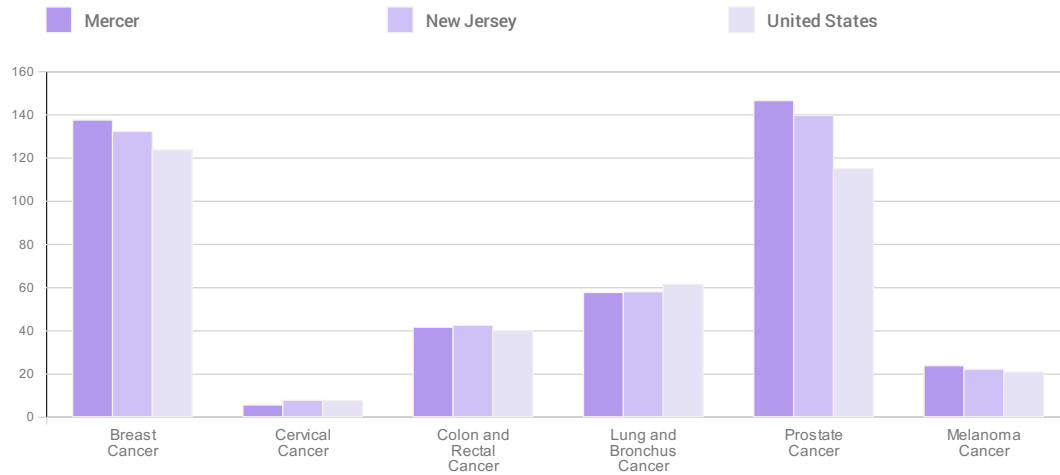
NEW JERSEY
478.4

UNITED STATES
443.6



Cancer Incidence by Type Per 100,000 People

Includes incidence among females for breast and cervical cancers, and males for prostate cancer.



Source: [CDC](#)

Data Contains: 1 County

HIV Cases Per 100,000 People 2015



MERCER
446.4

NEW JERSEY
473.7

Source: [CDC](#)

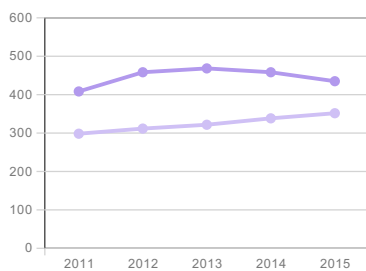
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New STD Cases Per 100,000 People 2011-2015

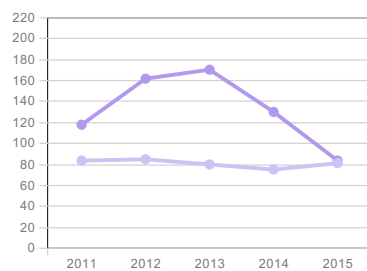


● Mercer ● New Jersey

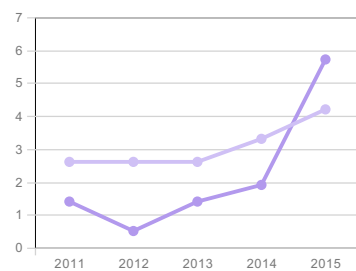
Chlamydia



Gonorrhea



Primary & Secondary Syphilis



Source: [CDC](#)

Data Contains: 1 County

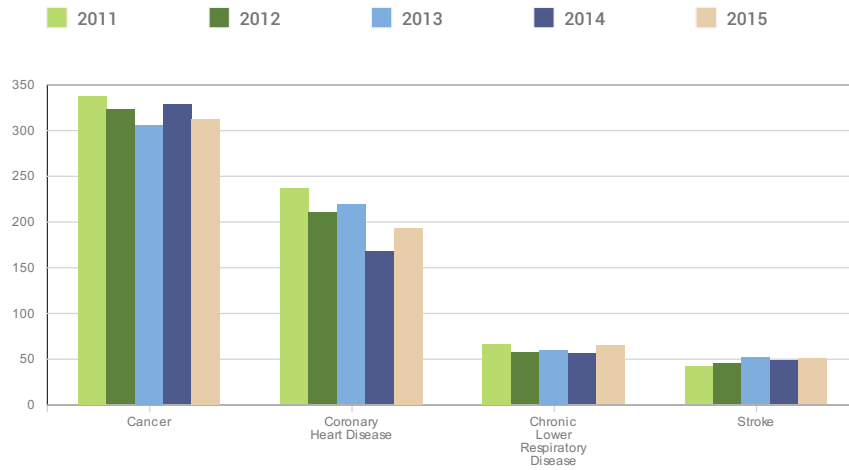
Mortality in Mercer

How many people have died of diseases, injuries, and drug overdoses? How many infant deaths have there been?

Disease-Related Mortality



Mercer County Per 100,000 People 2011-2015



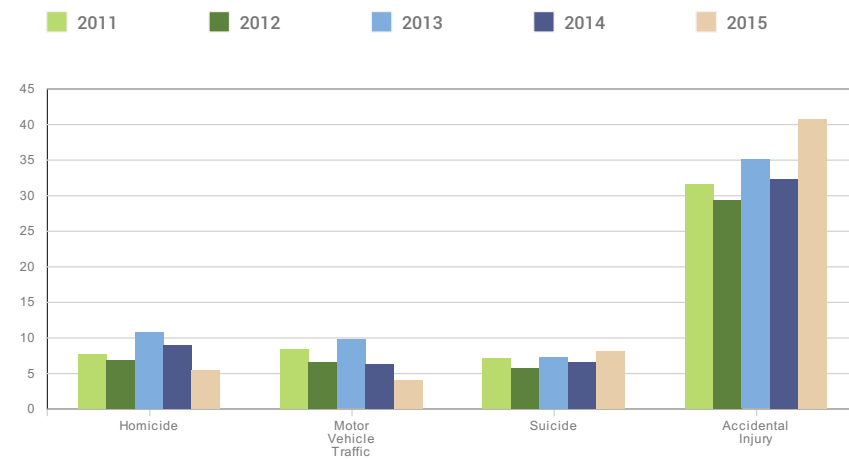
Source: [CDC](#)

Data Contains: 1 County

Injury-Related Mortality



Mercer County Per 100,000 People 2011-2015



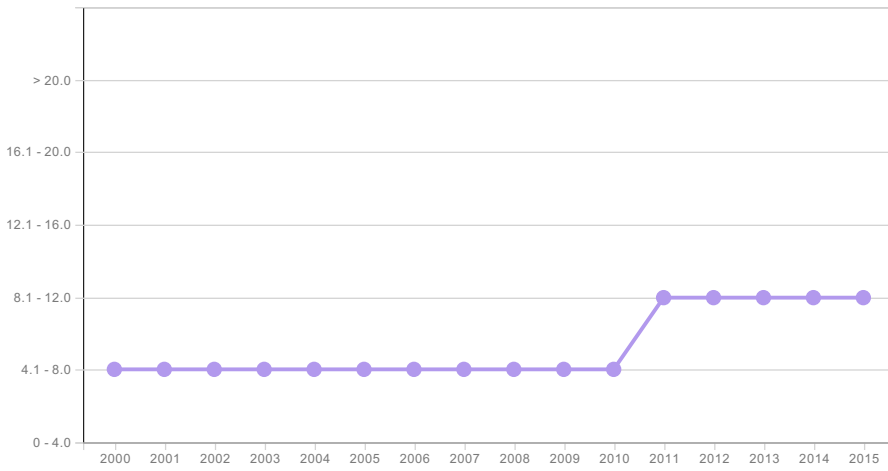
Source: [CDC](#)

Data Contains: 1 County

Drug Overdose Deaths



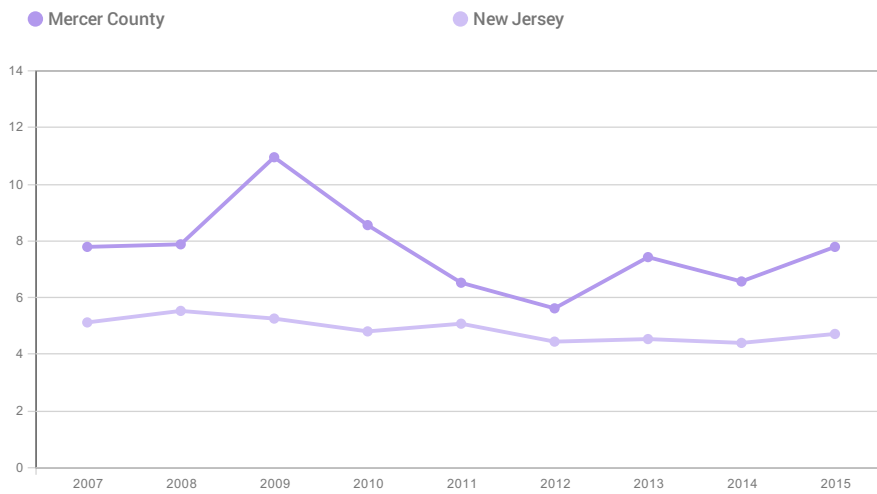
Mercer County Per 100,000 People 2000-2015



Source: [CDC](#)

Data Contains: 1 County

Infant Mortality Per 1,000 Live Births 2007-2015



Source: [CDC](#)

Data Contains: 1 County

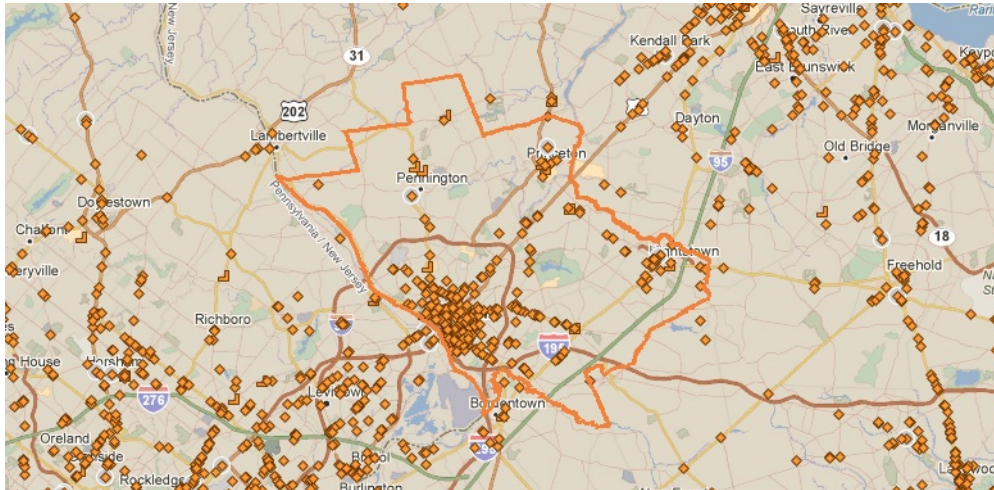
Food Security in Mercer

How accessible is healthy food? How many farmers' markets are there? How many families receive SNAP benefits, and how many retailers accept them?

Farmers' Markets and SNAP Retail Locations 2017



14 Farmers Markets 301 SNAP Retail Locations



Source: [USDA](#)

Families Receiving Food Stamp/SNAP Benefits 2012-2016



8.64%

▲ Since 2007-2011

Lower than New Jersey

Source: [Census](#)

Data Contains: 1 County

Farmers' Markets Per 100,000 People 2017



MERCER

4

NEW JERSEY

2

Source: [USDA](#)

Data Contains: 1 County

Low Access Tracts

Low Access Tracts includes tracts with at least 500 people or 33 percent of the population living more than .5 miles in urban areas or 10 miles in rural areas from the nearest supermarket, supercenter, or large grocery store.⁵

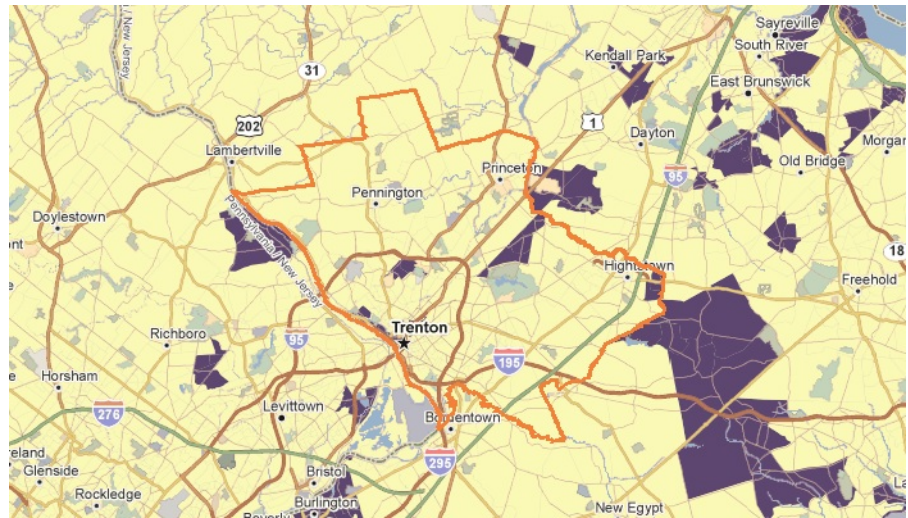


Low Access Tracts

- Low Access
- Not Low Access

Total

242 Block Groups

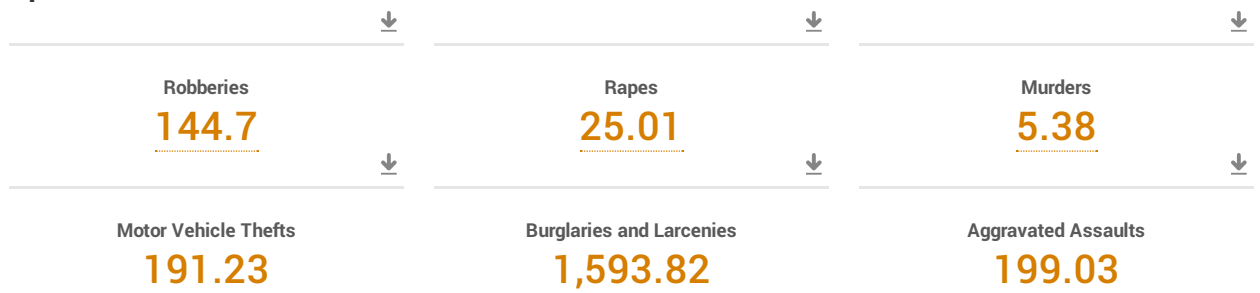


Source: [Reinvestment Fund](#)

Social Determinants of Health in Mercer

Some conditions not directly related to health can have an impact on physical and mental health. How much crime is in the area? What is the average level of educational attainment? What's the average income level and how prevalent is poverty? How old is the housing stock? How do people commute to work?

Reported Crime Per 100,000 People 2015



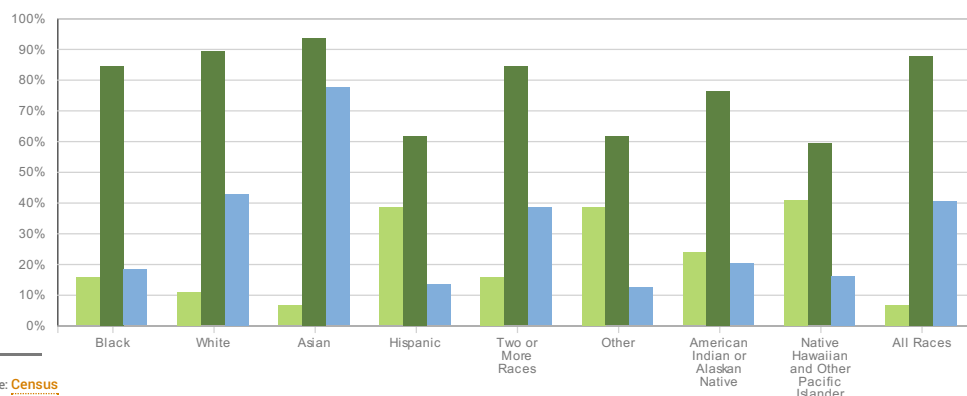
Source: [FBI UCR & DOJ](#)⁶

Data Contains: 1 County

Educational Attainment 2012-2016



- Some High School, But No Diploma
- At Least a High School Diploma
- At Least Bachelors Degree



Source: [Census](#)

Data Contains: 1 County

Incomes 2012-2016



Per Capita Income

\$38,652

▲ Since 2007-2011

Higher than New Jersey

Median Family Income

\$95,533

▲ Since 2007-2011

Higher than New Jersey

Median Household Income

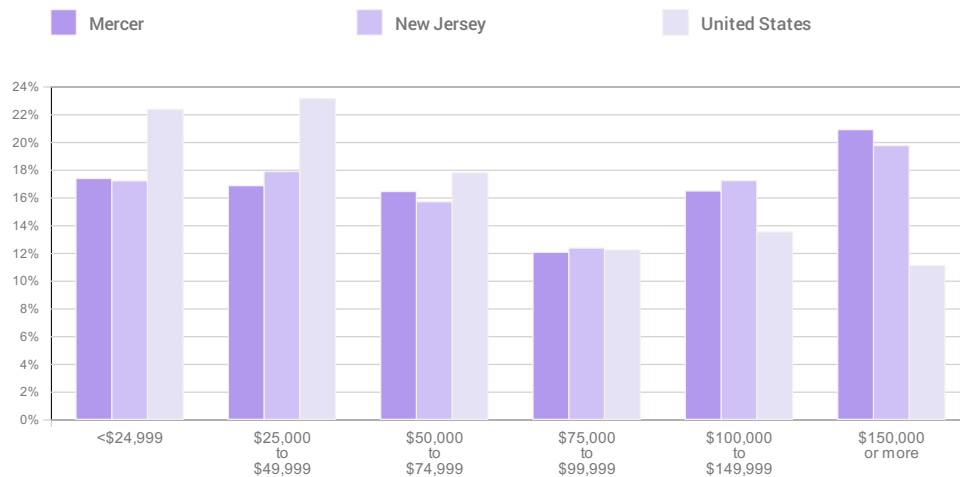
\$73,966

▲ Since 2007-2011

Higher than New Jersey



Households By Income Bracket



Source: [Census](#)

Data Contains: 1 County

Poverty 2012-2016



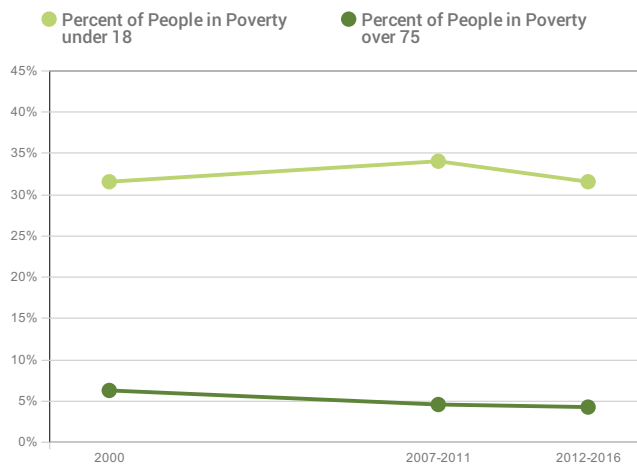
Poverty Rate

11.21%

▲ Since 2000

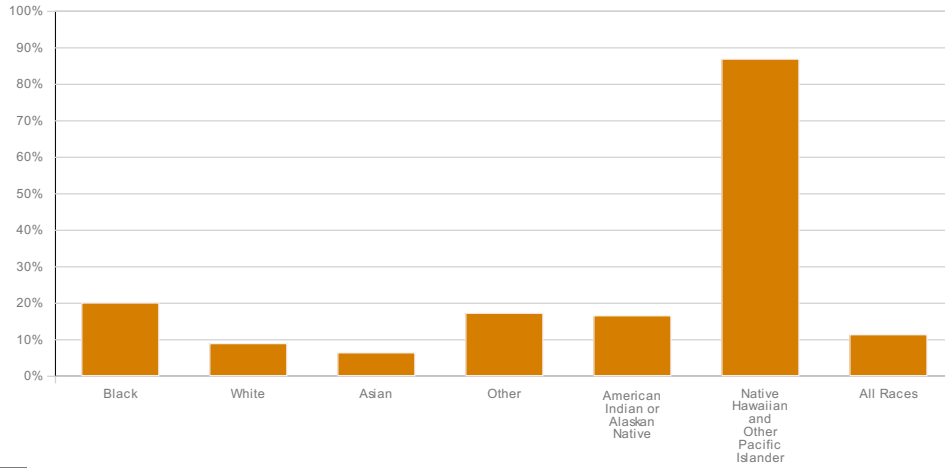
Higher than New Jersey

Poverty Rate over Time





Poverty Rate by Race



Source: [Census](#)
 Data Contains: 1 County

Employment



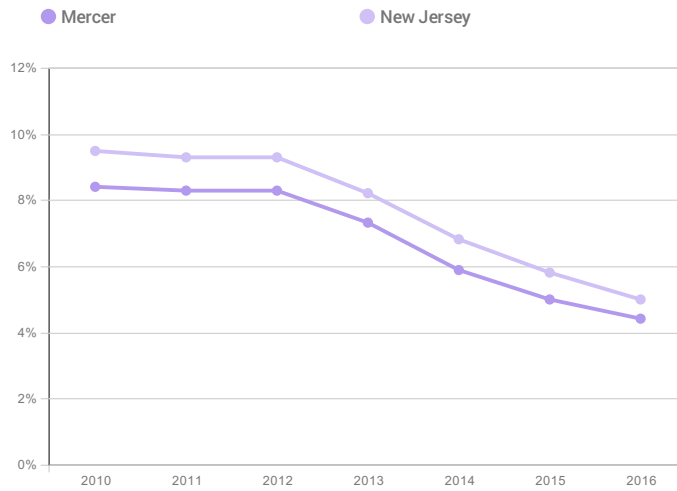
Unemployment Rate 2016

4.40%

▼ Since 2010

Lower than New Jersey

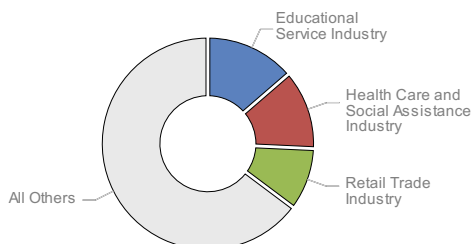
Annual Unemployment Trends



Source: [Bureau of Labor Statistics](#)
 Data Contains: 1 County



Industry Sectors 2012-2016



Source: [Census](#)
 Data Contains: 1 County

Housing 2012-2016

Age of housing stock and renter/owner status can have effects on health.

Housing Stock

Older housing may be indicative of presence of lead and other harmful substances.

All Housing Units

144,171

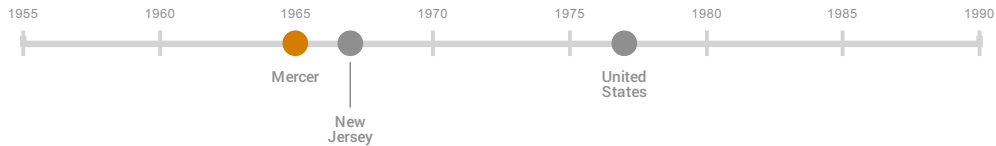
▲ Since 2000

Rental Units

46,728

▲ Since 2000

Median Year Built



Source: [Census](#)

Data Contains: 1 County

Homeowners and Renters

A healthy mix of homeowners and renters may be indicative of more stable communities.

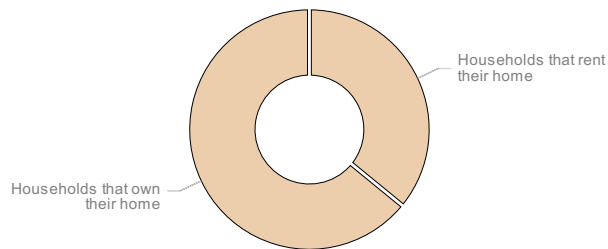
Renter-to-Owner Ratio

0.56

▲ Since 2000

Lower than New Jersey

Homeownership



Source: [Census](#)

Data Contains: 1 County

Population in Subsidized Housing

3.31%

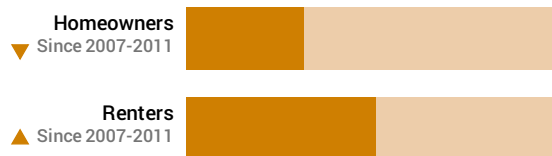
▲ Since 2014

Lower than New Jersey

Housing Cost Burden

Households are considered cost burdened if their rent or ownership costs are 30% or more of household income.

Percent Cost Burdened



Source: [Census](#), [HUD](#)

Data Contains: 1 County

Source: [Census](#)

Data Contains: 1 County



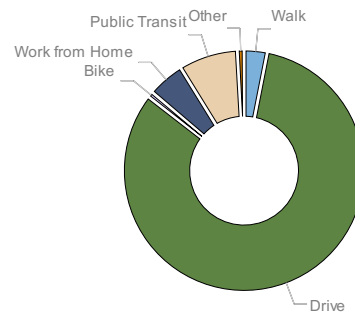
Vehicles Per Household

1.7

▲ Since 2000

Equal to New Jersey

Commute Type ⁷



Source: [Census](#)

Data Contains: 1 County

Endnotes

- 1 Federally Qualified Health Centers (FQHCs) receive funding under the Health Center Cluster federal grant program to provide care for underserved populations. The types of providers eligible include Community Health Centers, Migrant Health Centers, Health Care for the Homeless Programs, Public Housing Primary Care Programs, and care providers for some tribal organizations.

Community Health Center Look-Alikes include community health centers that are eligible for but not currently receiving grant funding. Although they are not receiving grants, these "look-alike" providers are eligible for some benefits including enhanced reimbursement from Medicare and Medicaid. Considering both FQHCs and "look-alikes" might provide a fuller picture of the health-care safety net in a community.
- 2 CDC Behavioral Risk Factor Surveillance System (BRFSS) data are estimates based on a multilevel model with post-stratification based on metropolitan area status, race, age, and income characteristics. The model formula is based on state-level estimates as well as the following state- and individual-level characteristics: age group, income level, racial/ethnic group, and metropolitan area status. Predicted responses were then post-stratified using 2009-2013 American Community Survey household population estimates for income, age, and racial/ethnic groups.
- 3 The 500 Cities data was calculated with small areas estimate techniques using the CDC's Behavioral Risk Factor Surveillance System (BRFSS) data, Census Bureau 2010 Census population data, and American Community Survey (ACS) estimates. Specifically, a peer-reviewed multi-level regression and poststratification (MRP) approach was used to connect the CDC BRFSS health survey with highly granular census demographic and socioeconomic data. The 500 cities included the top 497 largest American cities and the largest cities in Vermont (Burlington), West Virginia (Charleston), and Wyoming (Cheyenne). This data is available at the census tract and city level only.
- 4 Heavy drinkers are defined as adult men having more than two drinks per day and adult women having more than one drink per day.
- 5 According to the Reinvestment Fund study, Limited Supermarket Access areas are where residents travel longer distances to reach supermarkets than the average distance in medium and high income areas, taking population density and car ownership rates into account. Supermarkets include the following store types: supermarkets, supercenters, wholesale club, limited assortment, military commissary, and natural food stores. Superettes and dollar stores are excluded because they are less likely to provide a wide range of fresh groceries.
- 6 For the separate Employment and Crime Sections in this report, only locations for which data are available are included in the tables. If the section does not include information, no data was available for any of the locations or component parts of the area you requested for this report.
- 7 "Other" means of transportation include those other than commuting by car, car pool or van pool, public transit, motorcycle, bicycle, or walking.