About This Report

Place matters when it comes to health. Where someone is born and where they live can be the most significant factors in determining their overall level of well-being. This can be due to demographic and economic conditions in an area, access to medical services, access to resources like healthy food and affordable housing, and the local environment.

The PolicyMap Community Health Report can be used for Community Health Needs Assessments, to evaluate what changes might improve people’s health, and to find areas that have been successful or face challenges in improving health outcomes.

Data presented in this report summarize the geographies specified in the citation information in each section.
Population in Mercer

Who lives in this area? How many residents are there? Is the population growing or shrinking? What age groups, races, and ethnicities live here that might be of special concern?

**Estimated Population 2012-2016**

<table>
<thead>
<tr>
<th>Total Population</th>
<th>Families</th>
<th>Households</th>
<th>Average Household Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>371,101</td>
<td>88,385</td>
<td>130,129</td>
<td>2.71</td>
</tr>
</tbody>
</table>

Since 2000

**Population Change 2000 to 2012-2016**

The population has grown by 5.8% from 2000 to 2012-2016.

**Percent Change in Population 2000 to 2012-2016**

Source: Census
Data Contains: 1 County

**Age 2012-2016**

**Population by Age**

Source: Census
Data Contains: 1 County
Race and Ethnicity

Racial Composition over Time

Percent of Population That Is Hispanic or Latino  2012-2016
The Hispanic or Latino population has increased by 78.62% from 2000 to 2012-2016.

Source: Census
Data Contains: 1 County

Healthcare Access in Mercer
Does this area have sufficient doctors, dentists, and facilities for its population? Do its residents have health insurance to cover routine visits and treatment? And are people receiving adequate preventative care, like screenings and prevention?

Healthcare and Wellbeing

Dentists
Per 1,000 People  2015

COUNTY
0.8

Primary Care Physicians
Per 1,000 People  2015

COUNTY
1.07

Source: Health Resources and Services Administration (HRSA)
Data Contains: 1 County
### Healthcare- and Wellbeing-Related Facilities

<table>
<thead>
<tr>
<th>Facility Type</th>
<th>Year</th>
<th>Count</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hospitals</td>
<td>2017</td>
<td>6</td>
<td>HRSA</td>
</tr>
<tr>
<td>Mental Health Facilities</td>
<td>2016</td>
<td>17</td>
<td>SAMHSA</td>
</tr>
<tr>
<td>Drug and Alcohol Treatment Facilities</td>
<td>2016</td>
<td>16</td>
<td>SAMHSA</td>
</tr>
<tr>
<td>Nursing Facilities</td>
<td>2017</td>
<td>16</td>
<td>HRSA</td>
</tr>
<tr>
<td>Community Health Centers (FQHC) and Look-alikes</td>
<td>2017</td>
<td>9</td>
<td>HRSA</td>
</tr>
</tbody>
</table>

### Access to Health Insurance  As a Percent of Population 2012-2016

The estimated percent of people with health insurance in Mercer is 90.27%.

![Graph showing access to health insurance by service type in Mercer and New Jersey.](data:image/png;base64,)

Source: Census  
Data Contains: 1 County

### Medically Underserved Areas  2018

Medically Underserved Areas (MUA) are designated as having too few primary care providers, high infant mortality, high poverty, and/or a high elderly population by the Health Resources and Services Administration. Medically Underserved Populations (MUP) are areas where a specific population group is underserved, including groups with economic, cultural, or linguistic barriers to primary medical care. If an area or population group does not meet the criteria for an MUA or MUP, but exceptional conditions exist which are barriers to health services, they can be designated with a recommendation from the state’s governor.

#### Medically Underserved Areas and Medically Underserved Populations

- **15 Census Tracts**
  - Medically Underserved Area
  - Medically Underserved Area - Governor’s Exception
  - Medically Underserved Population
  - Medically Underserved Population - Governor’s Exception

- **Not an MUA/MUP**
  - 62 Census Tracts

- **Total**
  - 77 Census Tracts

Source: HRSA  
Data Contains: 1 County
Disease Screening and Prevention 2013

<table>
<thead>
<tr>
<th>Disease</th>
<th>Percent of adults</th>
<th>Source: CDC BRFSS &amp; PolicyMap</th>
<th>Data Contains: 1 County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flu Vaccination</td>
<td>39.55%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIV Test</td>
<td>36.3%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cholesterol Screening</td>
<td>N/A</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mammogram</td>
<td>N/A</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pap Smear</td>
<td>N/A</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Health Behaviors in Mercer

What risky and healthy behavior do people here engage in? Do they smoke or drink heavily? Do they eat healthily? Do they get exercise?

Smoking and Heavy Drinking As Reported by Adults 2013

<table>
<thead>
<tr>
<th>Adults Reporting...</th>
<th>Mercer</th>
<th>New Jersey</th>
</tr>
</thead>
<tbody>
<tr>
<td>Having Ever Smoked</td>
<td>42.05%</td>
<td>41.52%</td>
</tr>
<tr>
<td>Engaging in Heavy Drinking</td>
<td>4.29%</td>
<td>4.98%</td>
</tr>
</tbody>
</table>

Vegetable and Fruit Consumption Per day, as Reported by Adults 2013

<table>
<thead>
<tr>
<th>Adults Reporting...</th>
<th>Mercer</th>
<th>New Jersey</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fewer Than One Serving</td>
<td>7.11%</td>
<td>7.26%</td>
</tr>
<tr>
<td>Five or More Servings</td>
<td>17.08%</td>
<td>16.63%</td>
</tr>
</tbody>
</table>

Obesity and Physical Inactivity As Reported by Adults 2013

<table>
<thead>
<tr>
<th>Adults Reporting...</th>
<th>Mercer</th>
<th>New Jersey</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obese BMI of 30 or Greater</td>
<td>27.99%</td>
<td>26.32%</td>
</tr>
<tr>
<td>Overweight BMI &gt; 24.9 and &lt; 30</td>
<td>38.02%</td>
<td>37.12%</td>
</tr>
<tr>
<td>Physically Inactive in the Past 30 Days</td>
<td>31.01%</td>
<td>30.42%</td>
</tr>
</tbody>
</table>

All data in this section: Small area estimates are based on regional survey results and local demographics.

Source: CDC BRFSS & PolicyMap, CDC BRFSS
Data Contains: 1 County
General Health in Mercer

How are people's overall physical and mental health? How many people are disabled?

Physical and Mental Health  In the Past 30 Days, as reported by Adults  2013
Respondents were asked to report the number of days out of the past 30 days where their physical health was not good due to illness and/or injury, and the number of days where their mental health was not good due to stress, depression, and problems with emotions.

<table>
<thead>
<tr>
<th>Adults Reporting Seven or More Days of...</th>
<th>Mercer</th>
<th>New Jersey</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poor Physical Health</td>
<td>20.13%</td>
<td>20.54%</td>
</tr>
<tr>
<td>Poor Mental Health</td>
<td>17.71%</td>
<td>20.17%</td>
</tr>
</tbody>
</table>

Source: CDC BRFSS & PolicyMap
Data Contains: 1 County

People with Disabilities  2012-2016

Percent of Pop. with a Disability

10.02%

Lower than New Jersey Average

Source: Census
Data Contains: 1 County

Morbidity in Mercer

How many people suffer from chronic conditions like high blood pressure and high cholesterol? How prevalent is cancer? How prevalent is HIV and other sexually transmitted diseases?

Chronic Conditions  As Reported by Adults  2013

<table>
<thead>
<tr>
<th>Adults Reporting...</th>
<th>Mercer</th>
<th>New Jersey</th>
<th>United States</th>
</tr>
</thead>
<tbody>
<tr>
<td>High Blood Pressure (Hypertension)</td>
<td>35.48%</td>
<td>31.06%</td>
<td>32.04%</td>
</tr>
<tr>
<td>High Cholesterol</td>
<td>39.5%</td>
<td>39.19%</td>
<td>38.11%</td>
</tr>
<tr>
<td>Stroke</td>
<td>2.74%</td>
<td>2.52%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Asthma</td>
<td>8.64%</td>
<td>9.02%</td>
<td>8.86%</td>
</tr>
<tr>
<td>Chronic Obstructive Pulmonary Disease (COPD), Emphysema, or Chronic Bronchitis</td>
<td>6.26%</td>
<td>5.92%</td>
<td>6.4%</td>
</tr>
<tr>
<td>Depression</td>
<td>13.78%</td>
<td>13.86%</td>
<td>17.52%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>11.34%</td>
<td>9.19%</td>
<td>10.1%</td>
</tr>
</tbody>
</table>

Source: CDC BRFSS & PolicyMap
Data Contains: 1 County
Cancer 2010-2014

Overall Cancer Incidence  Per 100,000 People

<table>
<thead>
<tr>
<th>Location</th>
<th>Incidence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mercer</td>
<td>495.9</td>
</tr>
<tr>
<td>New Jersey</td>
<td>478.4</td>
</tr>
<tr>
<td>United States</td>
<td>443.6</td>
</tr>
</tbody>
</table>

Cancer Incidence by Type  Per 100,000 People
Includes incidence among females for breast and cervical cancers, and males for prostate cancer.

- Breast Cancer
- Cervical Cancer
- Colon and Rectal Cancer
- Lung and Bronchus Cancer
- Prostate Cancer
- Melanoma Cancer

HIV Cases  Per 100,000 People  2015

<table>
<thead>
<tr>
<th>Location</th>
<th>Incidence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mercer</td>
<td>446.4</td>
</tr>
<tr>
<td>New Jersey</td>
<td>473.7</td>
</tr>
</tbody>
</table>

New STD Cases  Per 100,000 People  2011-2015

- Chlamydia
- Gonorrhea
- Primary & Secondary Syphilis

Source: CDC
Data Contains: 1 County
Mortality in Mercer

How many people have died of diseases, injuries, and drug overdoses? How many infant deaths have there been?

Disease-Related Mortality

![Graph showing disease-related mortality in Mercer County from 2011 to 2015.](image)

Source: CDC
Data Contains: 1 County

Injury-Related Mortality

![Graph showing injury-related mortality in Mercer County from 2011 to 2015.](image)

Source: CDC
Data Contains: 1 County
Drug Overdose Deaths

Mercer County  Per 100,000 People  2000-2015

Source: CDC
Data Contains: 1 County

Infant Mortality  Per 1,000 Live Births  2007-2015

Source: CDC
Data Contains: 1 County
Food Security in Mercer

How accessible is healthy food? How many farmers’ markets are there? How many families receive SNAP benefits, and how many retailers accept them?

Farmers’ Markets and SNAP Retail Locations 2017

14 Farmers Markets
301 SNAP Retail Locations

Source: USDA

Families Receiving Food Stamp/SNAP Benefits 2012-2016

8.64%
Since 2007-2011
Lower than New Jersey

Source: Census
Data Contains: 1 County

Farmers’ Markets Per 100,000 People 2017

<table>
<thead>
<tr>
<th></th>
<th>MERCER</th>
<th>NEW JERSEY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>4</td>
<td>2</td>
</tr>
</tbody>
</table>

Source: USDA
Data Contains: 1 County
Low Access Tracts

Low Access Tracts includes tracts with at least 500 people or 33 percent of the population living more than .5 miles in urban areas or 10 miles in rural areas from the nearest supermarket, supercenter, or large grocery store.²

Social Determinants of Health in Mercer

Some conditions not directly related to health can have an impact on physical and mental health. How much crime is in the area? What is the average level of educational attainment? What’s the average income level and how prevalent is poverty? How old is the housing stock? How do people commute to work?

Reported Crime  Per 100,000 People  2015

<table>
<thead>
<tr>
<th>Crime Type</th>
<th>Rate per 100,000 People</th>
</tr>
</thead>
<tbody>
<tr>
<td>Robberies</td>
<td>144.7</td>
</tr>
<tr>
<td>Rapes</td>
<td>25.01</td>
</tr>
<tr>
<td>Murders</td>
<td>5.38</td>
</tr>
<tr>
<td>Motor Vehicle Thefts</td>
<td>191.23</td>
</tr>
<tr>
<td>Burglaries and Larcenies</td>
<td>1,593.82</td>
</tr>
<tr>
<td>Aggravated Assaults</td>
<td>199.03</td>
</tr>
</tbody>
</table>

Educational Attainment  2012-2016

Source: Reinvestment Fund

Source: FBI UCR & DOJ
Data Contains: 1 County

Source: Census
Data Contains: 1 County
### Incomes 2012-2016

<table>
<thead>
<tr>
<th></th>
<th>Per Capita Income</th>
<th>Median Family Income</th>
<th>Median Household Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>$38,652</td>
<td>Higher than New Jersey</td>
<td>$95,533</td>
<td>Higher than New Jersey</td>
</tr>
<tr>
<td>$95,533</td>
<td>Higher than New Jersey</td>
<td>$73,966</td>
<td>Higher than New Jersey</td>
</tr>
</tbody>
</table>

Source: Census

### Households By Income Bracket

<table>
<thead>
<tr>
<th>Income Bracket</th>
<th>Mercer</th>
<th>New Jersey</th>
<th>United States</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;$24,999</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$25,000 - $49,999</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$50,000 - $74,999</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$75,000 - $99,999</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$100,000 - $149,999</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$150,000 or more</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Poverty 2012-2016

<table>
<thead>
<tr>
<th>Poverty Rate over Time</th>
<th>Percent of People in Poverty under 18</th>
<th>Percent of People in Poverty over 75</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.21%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Higher than New Jersey</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Poverty Rate by Race

Employment

Unemployment Rate 2016

Annual Unemployment Trends

Industry Sectors 2012-2016
Housing 2012-2016
Age of housing stock and renter/owner status can have effects on health.

Housing Stock
Older housing may be indicative of presence of lead and other harmful substances.

All Housing Units: 144,171
Since 2000

Rental Units: 46,728
Since 2000

Median Year Built

Homeowners and Renters
A healthy mix of homeowners and renters may be indicative of more stable communities.

Renter-to-Owner Ratio: 0.56
Since 2000
Lower than New Jersey

Homeownership

Population in Subsidized Housing

Housing Cost Burden
Households are considered cost burdened if their rent or ownership costs are 30% or more of household income.

Percent Cost Burdened

Source: Census, HUD
Data Contains: 1 County
Vehicles Per Household

1.7

▲ Since 2000

Equal to New Jersey

Endnotes

1 Federally Qualified Health Centers (FQHCs) receive funding under the Health Center Cluster federal grant program to provide care for underserved populations. The types of providers eligible include Community Health Centers, Migrant Health Centers, Health Care for the Homeless Programs, Public Housing Primary Care Programs, and care providers for some tribal organizations.

Community Health Center Look-Alikes include community health centers that are eligible for but not currently receiving grant funding. Although they are not receiving grants, these "look-alike" providers are eligible for some benefits including enhanced reimbursement from Medicare and Medicaid. Considering both FQHCs and "look-alikes" might provide a fuller picture of the health-care safety net in a community.

2 CDC Behavioral Risk Factor Surveillance System (BRFSS) data are estimates based on a multilevel model with post-stratification based on metropolitan area status, race, age, and income characteristics. The model formula is based on state-level estimates as well as the following state- and individual-level characteristics: age group, income level, racial/ethnic group, and metropolitan area status. Predicted responses were then post-stratified using 2009-2013 American Community Survey household population estimates for income, age, and racial/ethnic groups.

3 The 500 Cities data was calculated with small areas estimate techniques using the CDC's Behavioral Risk Factor Surveillance System (BRFSS) data, Census Bureau 2010 Census population data, and American Community Survey (ACS) estimates. Specifically, a peer-reviewed multi-level regression and poststratification (MRP) approach was used to connect the CDC BRFSS health survey with highly granular census demographic and socioeconomic data. The 500 cities included the top 497 largest American cities and the largest cities in Vermont (Burlington), West Virginia (Charleston), and Wyoming (Cheyenne). This data is available at the census tract and city level only.

4 Heavy drinkers are defined as adult men having more than two drinks per day and adult women having more than one drink per day.

5 According to the Reinvestment Fund study, Limited Supermarket Access areas are where residents travel longer distances to reach supermarkets than the average distance in medium and high income areas, taking population density and car ownership rates into account. Supermarkets include the following store types: supermarkets, supercenters, wholesale club, limited assortment, military commissary, and natural food stores. Superettes and dollar stores are excluded because they are less likely to provide a wide range of fresh groceries.

6 For the separate Employment and Crime Sections in this report, only locations for which data are available are included in the tables. If the section does not include information, no data was available for any of the locations or component parts of the area you requested for this report.

7 "Other" means of transportation include those other than commuting by car, car pool or van pool, public transit, motorcycle, bicycle, or walking.